

Newsletter 20
Term 4, Week 11
15/12/23

Cape Clear Primary School

PRINCIPAL'S MESSAGE

Hello Everyone,

What a wonderful evening it was last Thursday celebrating our students achievements for the year. It was great to see the amount of people that came along to celebrate the students achievements. Congratulations to Sophie, Ash and Jett for their deserving awards and I can't go past acknowledging the heartfelt speeches made by our Grade 6 students in Ash, Shelby-Anne, Kade, Jett and Will. These five students have shown tremendous growth in their individual ways in the time they have been at Cape Clear. We know they will go on to achieve all the success they strive for.

A big thank you and congratulations to those who purchased and were successful with the raffle. Your support is greatly appreciated.

As mentioned Thursday, we say a big thank you and farewell to Harley, Jeff and Peta who are all finishing up at Cape Clear at the end of this year. As a staff we will acknowledge them when we are together next but I wanted to take this opportunity to say a big thank you for each of your contributions.

Although we say goodbye to some, we are also excited to confirm staffing for 2024. A few minor changes around the school have been required as a result of funding available. We have been able to maintain two classes with Mrs Murphy continuing her program with the Junior (F-3) class, and Mrs Glynn guiding the students in Grade 4-6. We welcome back Mrs Mellusco who will be teaching science and supporting in intervention in 2024. Mr Dillon will also be returning to support the teaching and learning in the Grade 4-6 classroom. Mrs Munson will be returning on a Tuesday in the Marc Van teaching Auslan and our other specialist programs which include wellbeing, chaplaincy, Art and Physical Education will also continue. Classroom teachers will send home a timetable at the beginning of 2024 for your records.

Monday next week will be the final day for Breakfast Club this year. I would like to thank Tracey and Jessica for facilitating Breakfast Club and providing this option for our students.

Student achievement reports for Semester 2 have gone home this week. Mrs Murphy, Mrs Glynn and I are so very proud of the efforts of all our students. We encourage you to have a conversation with your child/ren about their progress and celebrate their achievements.

During the school holiday period, I ask, if you see something on our school grounds that needs attending to, please text the school phone or email me. Our school is the centre of our community and it is vital we all keep an eye out where possible to ensure our school is protected over the term break.

If I don't see you at our final assembly Wednesday, I would like to wish everyone a very Merry Christmas, and a safe and relaxing New Year. I look forward to seeing you again in 2024.

Lynly Doherty
Principal

Respect
Confidence
Commitment
Responsibility

DATES TO REMEMBER

DECEMBER

Wednesday 20th

-Assembly 1:15pm

-Last Day Term 4 (1:30pm finish)

2024 TERM DATES

TERM 1: 30 January – 28 March

TERM 2: 15 April – 28 June

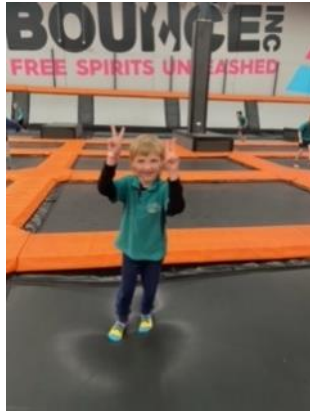
TERM 3: 15 July – 20 September

TERM 4: 7 October – 20 December

Learning Updates

Grade F-3

Over the past few weeks the junior class have had a busy time out and about as well as here at school. We've had our excursion to Bounce, the Big Catch Fun Fishing Day, movies excursion and lots going on here at school. Take a look at some of the photos over the past few weeks!



Learning Updates

Grade 4-6

The last few weeks have been very busy but exciting ones, including our big Christmas Celebration night and Grade 6 graduation, senior class end of year activity to Mini-Golf and The Big Catch Fishing Funday at Rokewood Reservoir supported by Blue Light and the DASH program. The students had great fun playing mini-golf and enjoyed lunch and a mini-party at Victoria Park playground. The fishing day this week was a great success, in spite of the fact that no actual live fish were caught! Our winning DASH project group consisting of Jett, Hunter and Shelby-Anne who helped run games and activities and we enjoyed lunch from Bannockburn Bakery. Thank you to all the parents and carers who came along to participate and to Carol from DASH for all her hard work. Congratulations to Jackson for winning the Cape Clear Craziest Catch award in recognition of the old sock he caught on his line! Congratulations also go to Maddison for winning the Best Junior Fisher trophy and Oliver Billing for snagging the Best Senior Fisher Trophy due to their persistence and great fishing expertise.



Wellbeing Update



Outside School Hours Care

Thank you to the parents who entrusted their children to OSHCLUB this year. We have completed many activities over the year which have been shared weekly in the school newsletter. These last two weeks have been devoted to Christmas activities and games. Thankyou to the children and families who attended this year. I would like to wish Ash and Shelby Anne all the best at Secondary School in 2024. Looking forward to working with many more of you in 2024. Have a wonderful break. Be sure to check out the holiday program brochure which is attached to this weeks newsletter.

Heather - Coordinator Cape Clear OSHClub

Chaplain's word

Christmas is a joyous time of year, however the pressures of life do tend to collide at this time as well and for many it can be lonely, stressful and bring up feelings of grief. One of the benefits of community is that we can reach out and get help when we need it. Cape Clear Primary School is a wonderful community of people who want to see people at their best. **One-stop Site for Financial and Food relief:**

<https://askizzy.org.au/food/3350-VIC>

When you go to this website it asks you questions about what type of relief you need. As you answer the questions it then gives you the relevant places and information you need for you and your family. It gives information on utility bills, food vouchers, food boxes and more.

Most organisations do not need a referral, however if you do need a referral, a school chaplain (me) can also assist you with this. Please don't hesitate to reach out, I'm happy to assist you in any way I am able to.

That's all from me, I wish you a Merry Christmas and hope your school holidays are filled with family adventures and making memories together.

- Love Jess

Please ensure all food complies with allergy guidelines.
Contact your service for detailed information.

**MON
8
JAN**

NEW YEAR CELEBRATIONS

Celebrate the new year with a range of festivities! Activities may include a lively dance party, unleashing creativity with firework art, preserving memories in time capsules and making a colourful splash with confetti poppers. It's all about new beginnings and endless fun!



BASE FEE \$65.00
DAILY TOTAL \$65.00
AFTER MAX CCS* \$6.50

**MON
15
JAN**

KNIGHTS OF THE ROUND TABLE

Let's go back in time to embark on a noble quest! Activities include crafting your own knight shield, feasting like royalty at a medieval feast, and partaking in the chivalrous royal tournament games. Sharpen your swords and prepare for a day of valiant adventures and timeless tales!



BASE FEE \$65.00
DAILY TOTAL \$65.00
AFTER MAX CCS* \$6.50

**TUE
9
JAN**

**RUN AWAY TO THE CIRCUS
INCURSION: SELF-GUIDED CIRCUS BUNDLE**

Step right up for a self-guided Circus Bundle, providing a variety of entertaining and skill-building circus activities.



BASE FEE \$65.00
EXC/INC FEE \$22.00
DAILY TOTAL \$87.00
AFTER MAX CCS* \$6.70

**TUE
16
JAN**

SPACE CADETS

It's time to blast off on an intergalactic adventure! Get ready for take-off with a range of space-themed activities such as challenging friends in balloon volleyball, training like an astronaut at the galactic explorer bootcamp, and crafting sustainable journeys with eco starships.



BASE FEE \$65.00
DAILY TOTAL \$65.00
AFTER MAX CCS* \$6.50

**WED
10
JAN**

NERF DAY

Gear up for an action-packed NERF day! Take part in activities such as adrenaline-pumping NERF battles, showcase team spirit by designing your own team flag, launch fluffy attacks with marshmallow catapults and test your agility in the exhilarating Run The Gauntlet Challenge.



BASE FEE \$65.00
DAILY TOTAL \$65.00
AFTER MAX CCS* \$6.50

**WED
17
JAN**

SPORTS DAY

Get set for an action-packed sports day! Activities may include testing your knowledge in Name That Athlete, refuelling with special energy smoothies, racing your heart out in sports relays, and gearing up for the ultimate showdown in Children VS Educators dodgeball. Ready, set, play!



BASE FEE \$65.00
DAILY TOTAL \$65.00
AFTER MAX CCS* \$6.50

**THU
11
JAN**

**HAPPY BIRTHDAY TO?
EXCURSION: CHIPMUNKS BALLARRAT**

Jump into playtime at Chipmunks Playcentre Ballarat, offering a vibrant and entertaining space for kids to explore and have fun.



BASE FEE \$65.00
EXC/INC FEE \$45.00
DAILY TOTAL \$110.00
AFTER MAX CCS* \$11.00

**THU
18
JAN**

**SPY KIDS
INCURSION: BALLARAT GYMSPORTS PARKOUR**

Combine athleticism and agility with Ballarat Gymsports Parkour, an exhilarating activity that challenges and hones physical skills.



BASE FEE \$65.00
EXC/INC FEE \$15.00
DAILY TOTAL \$80.00
AFTER MAX CCS* \$8.00

**FRI
12
JAN**

EUROPEAN

Embark on a grand European Adventure! Activities may include a Thrilling Treasure Hunt, singing your heart out with Opera Karaoke, savouring delectable french crepes, and engaging in an exciting game of Extreme Bocce. Let's explore the wonders of Europe together!



BASE FEE \$65.00
DAILY TOTAL \$65.00
AFTER MAX CCS* \$6.50

**FRI
19
JAN**

PIRATES

Ahoy, Mateys! Set sail on an adventure with a range of activities such as testing your bravery as you walk the plank, enjoying delicious pirate ship jelly cups, embarking on a thrilling Pirate Treasure Hunt, and charting your course by creating your own treasure map. All hands on deck!



BASE FEE \$65.00
DAILY TOTAL \$65.00
AFTER MAX CCS* \$6.50

*Childcare subsidy (CCS) may apply. Please refer to Services Australia Childcare Subsidy for eligibility and entitlement.

Please note that programs may be subject to change.
Visit our website for the most up to date information.

KNIGHTS OF THE ROUND TABLE

**THU
11
JAN**

**EVERYTHING IS GIANT
EXCURSION: OZ TEN PIN BALLARAT**
ARRIVE BY 08:30 AM



Scan for further information and book in today!

HOLIDAY



Woody Yaloak - Smythesdale

Ph: 0407 146 831

60 Becker Street, Smythesdale 3351

Monday 8 January 2024 to Friday 26 January 2024

7AM
TIL
6PM

Please ensure all food complies with allergy guidelines.
Contact your service for detailed information.

MON
22
JAN



EVERYTHING IS GIANT EXCURSION: OZ TEN PIN BALLARAT

ARRIVE BY 08:30 AM

Aim for a perfect score at Oz Ten Pin Ballarat, a classic and entertaining bowling experience for all skill levels.



BASE FEE \$65.00
EXC/INC FEE \$45.00
DAILY TOTAL \$110.00
AFTER MAX CCS* \$11.00

TUE
23
JAN

TENNIS FEVER

Catch the Tennis Fever this summer! Swing into action with activities such as Superhero Tennis, challenging your agility with tennis ball balance, and leaving your mark with tennis ball prints. Game, set, match for a smashing good time.



BASE FEE \$65.00
DAILY TOTAL \$65.00
AFTER MAX CCS* \$6.50

WED
24
JAN



BLOCK BLITZ INCURSION: SELF-GUIDED - NANO BUILDERS POKEMON

Channel creativity into building with Self-Guided Nano Builders Pokemon, offering a second round of Pokemon-inspired construction.



BASE FEE \$65.00
EXC/INC FEE \$18.00
DAILY TOTAL \$83.00
AFTER MAX CCS* \$6.30

THU
25
JAN

GENIUS INVENTORS

Time to get your thinking caps on! Dive deep into innovation with activities like Brainstorming Your Own Inventions, presenting your ideas in a 'Shark Tank' style challenge, testing your design skills with the Egg Drop Container Challenge and competing in a Thrilling Robot Race.



BASE FEE \$65.00
DAILY TOTAL \$65.00
AFTER MAX CCS* \$6.50

FRI
26
JAN

Service Closed

*Childcare subsidy (CCS) may apply. Please refer to Services Australia Childcare Subsidy for eligibility and entitlement.

Please note that programs may be subject to change.
Visit our website for the most up-to-date information.



Scan for further information and to secure a spot in one of our holiday programs today!

OSH Club

Mental Health Services and Support

| | | | | |
|--|---|--|---|--|
| <p>Beyond Blue</p> <p>24/7 mental health support service</p> <p>1300 22 4636 beyondblue.org.au</p> | <p>headspace</p> <p>Online support and counselling to young people aged 12 to 25</p> <p>1800 650 890 (9am to 1am daily)</p> <p>For webchat, visit: headspace.org.au/ ehespace</p> | <p>Kids Helpline</p> <p>24/7 crisis support and suicide prevention services for children and young people aged 5 to 25</p> <p>1800 55 1800 kidshelpline.com.au</p> | <p>1800 RESPECT</p> <p>24/7 support for people impacted by sexual assault, domestic violence and abuse</p> <p>1800 737 732 1800respect.org.au</p> | <p>QLife</p> <p>LGBTI peer support and referral</p> <p>1800 184 527 (3pm to midnight daily)</p> <p>qlife.org.au (online chat 3pm to midnight local time, including over holidays.)</p> |
| <p>Lifeline</p> <p>24/7 crisis support and suicide prevention services</p> <p>13 11 14 lifeline.org.au</p> | <p>Suicide Call Back</p> <p>24/7 crisis support and counselling service for people affected by suicide</p> <p>1300 659 467 suicidecallbackservice.org.au</p> | <p>Mensline</p> <p>24/7 counselling service for men</p> <p>1300 78 99 78 mensline.org.au</p> | <p>13YARN</p> <p>24/7 crisis support for Aboriginal and Torres Strait Islander people</p> <p>13 92 76 13yarn.org.au</p> | |

If you are concerned about someone at risk of immediate harm, call 000 or go to your nearest hospital emergency department.



Although we are coming into the festive holiday season, for some, the holiday season can be one of the toughest times of the year. Missing loved ones who are no longer with us, being unable to travel to join family and friends, financial pressure, illness or not being able to meet seasonal expectations and demands. For some it can also be the challenges of engaging and spending extra time with our kids and family whilst on school holidays.

There are many websites and helplines to support families who are experience these feelings. <https://www.ruok.org.au> and <https://beyou.edu.au/> are two great places to start. Below are some tips and suggestion which can help in this challenging time.

- Develop and maintain some family routines
- Acknowledge it can be hard
- Check in with others who may be struggling
- Stay connected
- Team up with friends (play dates)
- Reach out if you need help (friends, beyond blue)

'Tis the *season* to be *asking*
RUOK?TM

Free holiday connection tips and resources

Learn more