



Newsletter 11  
Term 3, Week 3  
28/7/23

# Cape Clear Primary School

## PRINCIPAL'S MESSAGE

Hi All,

Another busy week has come and gone. I have been lucky enough in the last 2 weeks to spend some time in both classes and have seen some great collaboration and growth in confidence in our students.

In particular it is amazing to see how far our Foundation students have come. The grade 1, 2 and 3 students have been wonderful role models in the junior classroom so far this year and the encouragement, collaboration and guidance they have given the Foundation students has been wonderful to see.

Last week the Junior class moved into the BER classroom space. While there are still a few things we are waiting to have installed and connected, the space has been received well by many students and they are enjoying exploring each area while adapting to the change. The Art space has been a big hit and Mrs Murphy cant wait to get students work up around the walls.

Osh Club is now also running from the Art Space. It has been great to see students digging for dinosaur bones and making their own skeletons as models. Students have also been creating lots of art work and cooking with Heather. Please enquire further if you wish to sign your child up for next week.

Don't forget to check out page 4 for some around the school snaps of the students working together for maths this week. Lots of fun!

Have a great weekend,

Lynly Doherty

Respect  
Confidence  
Commitment  
Responsibility

### DATES TO REMEMBER

#### AUGUST

##### Tuesday 1st

-Assembly 2:45pm

##### Wednesday 2nd

-Swim and Gym

##### Wednesday 9th

-Swim and Gym

##### Friday 11th

-School council

##### Monday 14th

-Science week

##### Wednesday 16th

-Swim and Gym

##### Monday 21st (all week)

-Book week

### 2023 TERM DATES

**TERM 1:** 30 January – 6 April

**TERM 2:** 24 April – 23 June

**TERM 3:** 10 July – 15 September

**TERM 4:** 2 October – 20 December

# Learning Updates

## Junior Class

The junior class have been learning all about procedural writing. This week we have been developing our own procedures an How to Make a Sandwich. The students had to help Mrs. Murphy remember how to make a ham, cheese and tomato sandwich, and we learnt that we need to make sure our instructions are really specific. We are looking forward to being able to follow our own procedures and make our sandwiches when we finish writing!



## Grades 4-6

In Literacy we've been discussing the features and language of procedural texts, reading procedures and following their step-by-step instructions, and writing our own procedures. The students in the senior class read and enjoyed following a procedure they were given, of how to make a balloon-powered rocket. They also carefully followed a procedure to create a soccer field using given equipment. The students followed the instructions on how to play a game of Multiplication Soccer, learning the rules and playing with a partner to practise their times tables. The senior students then taught the game to the junior class and showed great initiative and leadership, adapting the game along the way to suit the younger students.



# Wellbeing Update



## **Parenting in the Digital World**

Parenting in the Digital World provides insight into the online worlds of young people including the latest trends, risks, and research, and includes a strong focus on social media. It also offers advice parents can use to help manage a child's life online.

Audience: Parents of children and young people.

### **Session Time**

Tue 8 Aug 2023 7:30 PM - 8:30 PM (UTC+10)

**Link to free webinar:** <https://www.esmart.org.au/events/esmart-professional-learning-events/>

## **CHAPLAINS WORD**

### **Sticky Habits (What helps form a habit in our lives.)**

When I think of habits, I usually think of all the times I tried to start a habit and failed miserably. A failed habit usually consists of four primary ingredients: Boring, Lacking heart, Inconsistent, and a Pipe-dream (BLIP) for short.

A new habit needs to be interesting and fun, or at least something which has some type of good consequence. There is nothing worse than knowing you need to do something you hate doing. Everyone drags their feet at this! Simple ways to help make a habit fun is by rewarding yourself after you do it (self-encouragement is a great option - chocolate works well for me).

Lacking heart is when it has not been thought through and it will fall apart quickly. Before starting a habit we need to know what we are aiming for, we need specifics and how we are going to get there, and what times will work best. We also need to think through if it is realistic, or if we need to start a little smaller first? A well thought through plan makes it more attainable. Think it through - give it heart.

The easiest way to get consistency in a habit is to build your new habit on top of an old one you already have. For example if you want the habit to be reading, you can make it a habit to read for 10 minutes after doing your teeth in the morning. Your brain links habits together and fights less against the new habit when you make it a progression. It flows more naturally without thinking.

Habits are a great way of having a healthy lifestyle and working towards dreams and new skills. What new habits will benefit your children, your home, and yourself?



# Multiplication Madness



Cape Clear Primary School was formed on the lands of the Wathawurrung people of the Kulin Nation. We pay our respects to their elders; past, present and emerging.



AGES  
8-22

SEP 4 -  
OCT 16

Explore your interests  
with like-minded  
Autistic peers in a  
positive, safe environment.  
Also...

# DID YOU SAY NEW GROUPS?

YES! ... INC. TAYLOR SWIFT,  
INTRODUCTION TO DUNGEONS &  
DRAGONS & JUNIOR DRAWING & ART

AS WELL AS:

MINECRAFT, POKEMON, ROBLOX, AFL, MUSIC, MOVIES,  
CARS, I CAN GROUPS, FANTASY BOOKS AND MORE...

**APPLY NOW TO AVOID DISAPPOINTMENT!**

\*PLACED WITH SIMILAR-AGED PEERS

Groups are facilitated by two trained I CAN Mentors.  
All staff have completed our child protection training  
and hold current Working With Children Checks.

VISIT OUR WEBSITE:

[icannetwork.online/online](https://icannetwork.online/online)



APPLY  
NOW!

