

Newsletter 3
Term 1, Week 6
3/3/23

Cape Clear Primary School

PRINCIPAL'S MESSAGE

Hi All,

A very **HAPPY BIRTHDAY** to Oliver M who celebrated his birthday this week. He came in with a big smile on his face and a batch of birthday cookies to share with everyone. Thank you for sharing your special day with us Oliver.

We were very proud to see our Foundation students in the Ballarat Courier this week. Check out the photo.



Next week we will be calling for student nominations for Junior School Council. Junior School Council is a great opportunity for students to be the voice of their classmates and have a say and influence positively on our school and community. We have many students who show great leadership in different ways and I am looking forward to seeing those who are willing to raise their hand and take on that responsibility.

A friendly reminder that Monday the 13th of March is the Labour Day long weekend. There is no school for students on this day.

I look forward to seeing many of you at our assembly on Monday next week.

Have a great weekend,

Lynly Doherty

Respect
Confidence
Commitment
Responsibility

DATES TO REMEMBER

MARCH

Monday 6th—Assembly (2:45pm)

Thursday 9th—Golf (PE) Snake Valley Golf Course

Monday 13th—Labour Day
(Public Holiday)

Wednesday 15th—NAPLAN begins

Monday 20th—Assembly (2:45pm)

Tuesday 21st Harmony Day
(wear a touch of orange)

Monday 27th—Earth Ed Excursion
(F-6)

Tuesday 28th—Athletics Day

APRIL

Monday 3rd—Assembly (2:45pm)

Thursday 6th—Last day of Term 1

2023 TERM DATES

TERM 1: 30 January – 6 April

TERM 2: 24 April – 23 June

TERM 3: 10 July – 15 September

TERM 4: 2 October – 20 December

Science in the 4-6 classroom

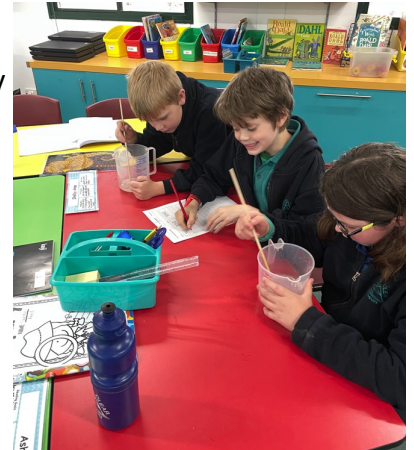
“We’ve been seeing how many ½ teaspoons of salt in water it would take until it stopped dissolving.” **Hunter**

“We’ve been learning about solids, liquids and gases in Science. Gas molecules are spread out more than the liquid and solid molecules.” **Shelby**

“We put a frozen milk cube into a microwave and liquid chocolate in the fridge in order to make chocolate solid again and make milk liquid again.” **Ash**

“The worst way to melt an ice cube was wrapped in a tea towel. The fastest way to melt the ice cube was in someone’s mouth.” **Oliver**

“We’ve been working on atoms and investigating how solids, liquids and gases work.”
Kade



Learning Updates

In the Junior classroom we have been learning all about narratives. The older students have been developing their skills to add detail to their writing to help the reader to visualise important elements of the story. Take a look at some of our completed writing pieces so far!

The Great Escape

“Ahah!” I was hanging on a cliff and I was being chased by Siren Head but I found a grappling hook. I have to think about getting down safely. I also need to run from the monster which is a big, brown figure that has sirens for a head and it’s made of bones and that’s really tall. It was in the distance. I grappled over Siren Head and I escaped. I was so relieved that I escaped.

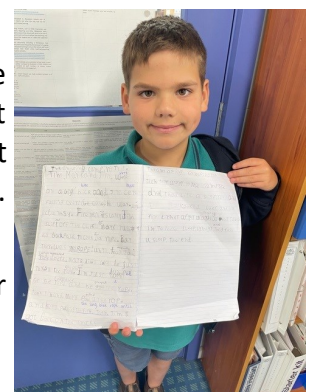
By Lyndon

The Amazing Camping Trip

Tim, Mark and Jim were on a big hike and Jim kept falling over! He was very clumsy. Five minutes later Jim slipped off the cliff! Mark rushed to his backpack to look for a rope. But there was no rope! Until, magically a long, blue rope appeared. Mark didn’t care he just threw the rope down the cliff. Jim just jumped for the long, blue rope and he grasped it. Then Tim and Mark pulled the rope and kept pulling until Jim got back on the track!

Then they went to the campsite and they lit a big campfire and cooked beef and corn for dinner. Afterwards they went to bed into their sleeping bags and they fell asleep.

By Harry



Easter Raffle

We are now taking donations at the front office for our Easter Raffle. Families are asked to donate Easter eggs/chocolate/books/craft or other related items so we can create prizes to be raffled off at the end of term 1 in time for Easter. *Please remember we are a nut free school.*

Raffle books will be sent home with families next week, with each book containing 20 tickets. Tickets will be \$1 each.

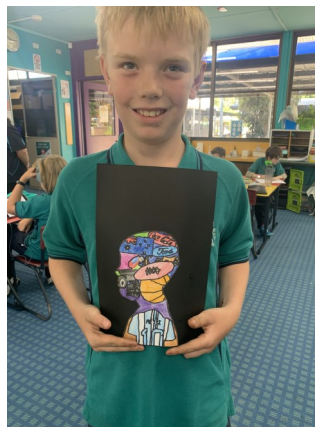


Wellbeing Update

A word from our Chaplain

Our brains are built to protect us from threat. Have you heard of fight, flight, freeze or faun reflex? Most of us have but, in case you haven't let me explain it to you. It's when the very core part of your brain; called the amygdala, sends out messages on how to respond if it feels under threat or in danger. These signals are sent so we survive; lashing out in anger, increased heart rate, sweating, running away and becoming numb. We have zero control of our amygdala. If this reflex happens often, we call this anxiety. Our breathing, focus, sleep, relationships and health can be affected by anxiety. Thankfully anxiety can be treated through therapy, exposure and medication. However, most of the time, the best thing which can help is a friend. We can't help when our in-built protector (our amygdala) kicks into action, but we can have those around us who are patient, kind, and let us know we aren't alone. Part of my role as chaplain is to just be a friend who is calm, patient and caring.

Kind regards,



STUDENT INFORMATION

Thank you to families that have signed and returned their Student Information forms back to school. Families who are yet to return theirs, can you please do this ASAP? It's so important that we have the most up to date student information. Please return these even if there are no changes. Once they are all returned, we can finalise whole school information.

Thanking you, Peta.



2024 YEAR 7
SHOWCASE
EVENING
SEBASTOPOL CAMPUS

TUESDAY 14TH MARCH

Parents and prospective students are warmly invited to attend the Showcase Evening at Phoenix P-12 Community College, Sebastopol Campus.

Discover first-hand how your child can share in the lifetime benefits of an excellent secondary education. The College will be open between 4:30pm – 6:30pm for visitors to undertake a self-guided tour, exploring interactive displays of students' work and activities across a variety of learning areas.

Please enter the school via the Hertford Street gate and register.

4:30pm - 6:30pm

The Sebastopol Campus of Phoenix P-12 Community College offers a broad range of scholarship opportunities. Further information will be available on the night.

"In Knowledge there is Opportunity"

Hertford St, Sebastopol

www.phoenix.vic.edu.au

Below is a colour poem written by Jett using Metaphors and interesting adjectives

Red is my hilarious book
Red is my watery blood
Red is red-hot fire
Red is my peeling burnt face
Red is my fuming anger
Red is my delicious cup cake
Red is my lengthy pencil
Red is the beautiful china flag
Red is my tiny house key
Red is a Shining rose
Red is a floppy hose
Red is a monstrous fire truck
Red is my beating heart
Red is swinging spider man

By Jett

Cape Clear
Primary School
OSHClub



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In 2023 Cape Clear Primary School continues to offer after school care. This service is offered 5 days a week from 3pm—6pm each night.



Cape Clear Primary School was formed on the lands of the Wathawurrung people of the Kulin Nation. We pay our respects to their elders; past, present and emerging.